

Improving the Efficiency of Breast Multidisciplinary Team Meetings: A Toolkit for Breast Services

Section 1: About the Toolkit

Care by a multidisciplinary team (MDT) is regarded as the gold standard for patients with cancer. Routine review of care of all breast cancer patients at a multidisciplinary team meeting (MDTM) has been the established standard of care in the UK for over twenty years.

This has become increasingly bureaucratic and process driven, with limited opportunity for clinical teams to have meaningful discussion of more complex cases.

This problem has been magnified by workforce issues in disciplines that are key to the delivery of multidisciplinary breast care, in particular pathology and radiology. It is clear that action is urgently required to improve the functionality and outputs of some MDTMs and to maximise existing resources.

The disciplines involved in delivering breast MDT care have collaborated in developing this Toolkit, which it is hoped will prove useful to clinicians looking to maximise the efficiency of their MDTMs.

It has been assembled using:

- existing evidence and guidance relating to MDTMs
- from the ideas of national leaders of the different disciplines involved in breast care
- from examples of effective changes inputted by individual breast MDTs

The Toolkit was first published as a document on the [Association of Breast Surgery](#) website in January 2020.

It is presented here in a more user-friendly format, breaking the Toolkit down into topic sections. The aim going forward will be for the Toolkit to be a dynamic resource for breast MDTs that can be updated as new developments, guidance and examples of changes in practice arise.

Individuals and Breast MDTs are encouraged to submit examples of changes that they have implemented, which have improved the efficiency and/or quality of their MDTMs, by email to the ABS at lucydavies@absgbi.org.uk

Mark Sibbering
Association of Breast Surgery

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The following individuals have contributed to the development of the Breast MDTM Toolkit:

Association of Breast Surgery

Leena Chagla, Ashu Gandhi, Kieran Horgan, Fiona MacNeill, Mark Sibbering, Deborah Fenlon, Sue Holcombe, Joanna Rowley, Marianne Dillon (Wales), Brendan McFall (Northern Ireland), Sheila Stallard (Scotland),

Association of Breast Pathology

Rahul Deb, Sarah Pinder, Elena Provenzano

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Anthony Maxwell, Nisha Sharma

UK Breast Cancer Group

Mark Beresford, David Dodwell, Andreas Makris, Eliot Sims, Virginia Wolstenholme

Tayana Soukup, *Behavioural Science Researcher at King's College, London*

Vandana Bhanot, *Breast Cancer Data Coordinator, University Hospitals of Derby and Burton*

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